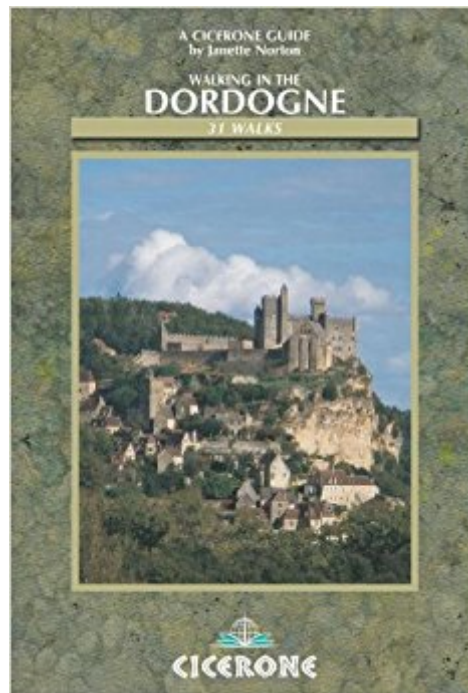




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# Walking In The Dordogne (Mediterranean Walking Series)



## Synopsis

The Dordogne region in southwest France offers a beautiful walking environment, surrounded by delightful pastoral countryside and walnut orchards plus dramatic vistas from cliff tops. The 30 routes, split between the regions of Sarlat and Bergerac, move through this countryside, taking you along valleys and woodlands and exploring the historic sites. Illustrated with the author's own colour photographs and sketch maps, this is a comprehensive guide to exploring the region on foot. The guide provides: a comprehensive introduction with a brief history of the region, notes on accommodation and walking in the area as well as a discussion on the best time to go a detailed information on travel and making the most of your stay in the area 30 walks around the region, taking in chateaux, shrines, picturesque villages and other local interest spots a the author's photography and sketch maps in full colour.

## Book Information

Series: Mediterranean walking series

Paperback: 160 pages

Publisher: Cicerone Press Limited; 1 edition (January 1, 2010)

Language: English

ISBN-10: 1852844159

ISBN-13: 978-1852844158

Product Dimensions: 4.7 x 0.5 x 6.8 inches

Shipping Weight: 9.9 ounces (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 stars 6 customer reviews

Best Sellers Rank: #1,274,589 in Books (See Top 100 in Books) #20 in Books > Travel > Europe > France > Dordogne #1715 in Books > Travel > Europe > France > General #2862 in Books > History > Europe > France

## Customer Reviews

Janette Norton lived in France, near Geneva, for over 30 years with her physicist husband, Alan, raising four children and working in the marketing field. Her love of mountain walking dated from the time she was a guide in her twenties, and the proximity of the Alps and Jura to her home inspired her to continue her passion. After her children grew up, she branched out to explore other areas of France.

While some of the directions and walks really got us to some interesting places others just made no

sense. We read them over and over and even with our maps and walking back and forth we could not find the way. On one we ended up in circles. It clearly needs updating to reflect changes. So this is a mixed bag

Out of date and confusing directions.

We love this book and heartily recommend it. Each hike we've done so far has been very different and each contains interesting side notes we would have missed (like the one where the trail briefly follows along a Roman built road). Also multiple times there would be a fork in the path with trail blazes indicating different routes and the author's clear directions helped us considerably. We deviated twice from what the author advocated and got lost both times. Our mantra now when we think the book is wrong is "trust the author".

This guide looks to be an excellent guide to seeing some of the sites of the Dordogne. It is necessary to drive a car to get the the start of these hikes, and they basically go on the GR trails, which are for the most part well marked. It is beautiful country to walk in, and you can always find a good bottle of wine in the villages, and sometimes a good bakery.

My husband and I, along with 2 friends used this book 3 separate days last month as a guide to hiking in the Dordogne region. How 4 intelligent, athletic and experienced hikers could get so lost, so many times has to be at least partially the fault of the book we were using as a reference! The writing is so unclear, directions mixed in with rambling observations - don't waste your money. Buy Lonely Planet instead, or just use the well marked national trails. The author should be ashamed.

This book has a lot of information for those who want to walk in Dordogne. Nevertheless, it describes only short hikes. So, if you want to do a long hike, as a crossing or a circuit, it doesn't help so much.

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